

## Sub-sector: Mental Health

Title	<b>Mental health improvement evidence and practice (Guides 1-4)*</b>
Developed by	Published by Health Scotland
Year published	2005
Developed for	The guides are intended to help practitioners design evaluations to take account of the challenges of assessing the effectiveness of mental health improvement interventions.
Available from	Health Scotland
Price	Free to download from their website: <a href="http://www.healthscotland.com/documents/457.aspx">www.healthscotland.com/documents/457.aspx</a>
Approach	Self-evaluation
Practical tools	None
Use of case examples	Some use of case examples
Lists additional resources	Each guide lists resources and a glossary
Size	Each guide around 30pp
Description	<p>The four guides cover the following topics:</p> <ul style="list-style-type: none"> <li>• ‘Evidence-based Practice’ introduces mental health, the evaluation process and evidence-based practice.</li> <li>• ‘Measuring Success’ tackles the questions of who defines success and what measures are useful. The guide also provides a framework for measuring different elements of a mental health project.</li> <li>• ‘Getting Results’ covers planning, designing and conducting an evaluation including types of data and data collection.</li> <li>• ‘Making an Impact’ focuses on analysis and interpretation of results, reporting and writing a research article.</li> </ul>

\* This entry was sourced with permission from the Evaluation Support Scotland website: [www.evaluationsupportscotland.org.uk](http://www.evaluationsupportscotland.org.uk)