

## disability sports network

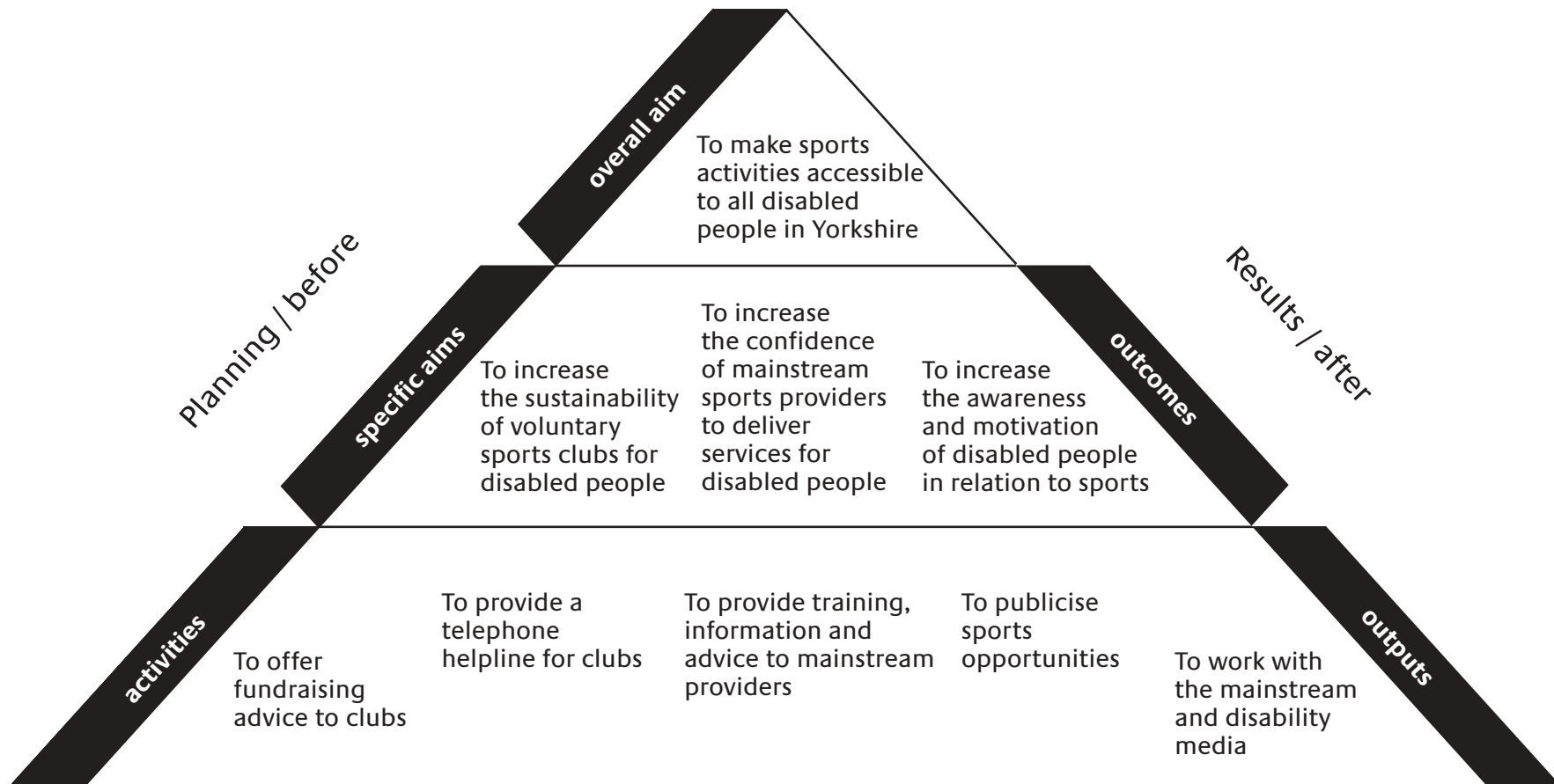
The Disability Sports Network was initially an informal network of clubs providing access to sports for people with disabilities. Many clubs have no paid staff and have been set up by people with disabilities or by parents or carers. They may organise transport and/or sessions and support within local sports facilities, or be actively involved in raising awareness and interest in particular sports. However, many clubs are vulnerable and unsustainable and may close due to the pressure on a small number of volunteers. The Disability Sports Network therefore considered that one of its priorities was to increase the sustainability of disabled sports clubs. To help achieve this it provided fundraising advice and also a helpline for clubs.

The Disability Sports Network soon realised the need to increase the confidence of mainstream sports providers in order to increase accessible sports provision for people with disabilities.

Many mainstream centres or facilities were willing and interested in making their services accessible, but lacked the relevant knowledge or confidence. The organisation started to work with mainstream providers, offering training for management and staff as well as information and advice.

A third target group for the Disability Sports Network is people with disabilities themselves. Many clubs or special sessions are underused through lack of awareness, interest or motivation among people with disabilities. The Disability Sports Network identified the need to increase awareness and motivation among people with disabilities, through publicising opportunities using appropriate media.

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## Outcomes

Specific aims	Outcomes
To increase the sustainability of voluntary sports clubs for disabled people	<ul style="list-style-type: none"><li>• Increased income of clubs</li><li>• Increased confidence and ability of people running clubs</li><li>• Increased opportunities provided by clubs</li><li>• Increased use of clubs</li></ul>
To increase the confidence of mainstream sports providers to deliver services for disabled people	<ul style="list-style-type: none"><li>• Increased knowledge and awareness of people working in mainstream sports facilities</li><li>• Increased management skills</li><li>• Increased confidence to provide services for disabled people</li></ul>
To increase awareness and motivation of disabled people in relation to sports	<ul style="list-style-type: none"><li>• Increased awareness among disabled people</li><li>• Increased motivation to participate</li></ul>

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## Outcomes and indicators

Outcomes	Indicators
Increased income of clubs	<ul style="list-style-type: none"><li>• Level of income from grants</li><li>• Level of income from members</li><li>• Level of fundraising skills</li></ul>
Increased confidence and ability of people running clubs	<ul style="list-style-type: none"><li>• Level of confidence reported</li><li>• Number of volunteers involved</li></ul>
Increased opportunities provided by club	<ul style="list-style-type: none"><li>• Number of options on offer</li></ul>
Increased use of clubs	<ul style="list-style-type: none"><li>• Number of users</li><li>• Frequency of use</li></ul>
Increased confidence to provide services for disabled people	<ul style="list-style-type: none"><li>• Extent and type of plans/ programme in place</li><li>• Level of confidence reported by providers</li></ul>
Increased awareness among disabled people	<ul style="list-style-type: none"><li>• Number of enquiries to Network</li><li>• Number of enquiries to local clubs</li><li>• Number of enquiries to mainstream providers</li></ul>