

disability sports network

The Disability Sports Network was initially an informal network of clubs in Yorkshire providing access to sports for people with disabilities. Many clubs have no paid staff and have been set up by people with disabilities or by parents or carers. They may organise transport and/or sessions and support within local sports facilities, or be actively involved in raising awareness and interest in particular sports. However, many clubs are vulnerable and unsustainable and may close due to the pressure on a small number of volunteers. The Disability Sports Network therefore considered that one of its priorities was to increase the sustainability of disabled sports clubs. To help achieve this it provided fundraising advice and also a helpline for clubs.

The Disability Sports Network soon realised the need to increase the confidence of mainstream sports providers in order to increase accessible

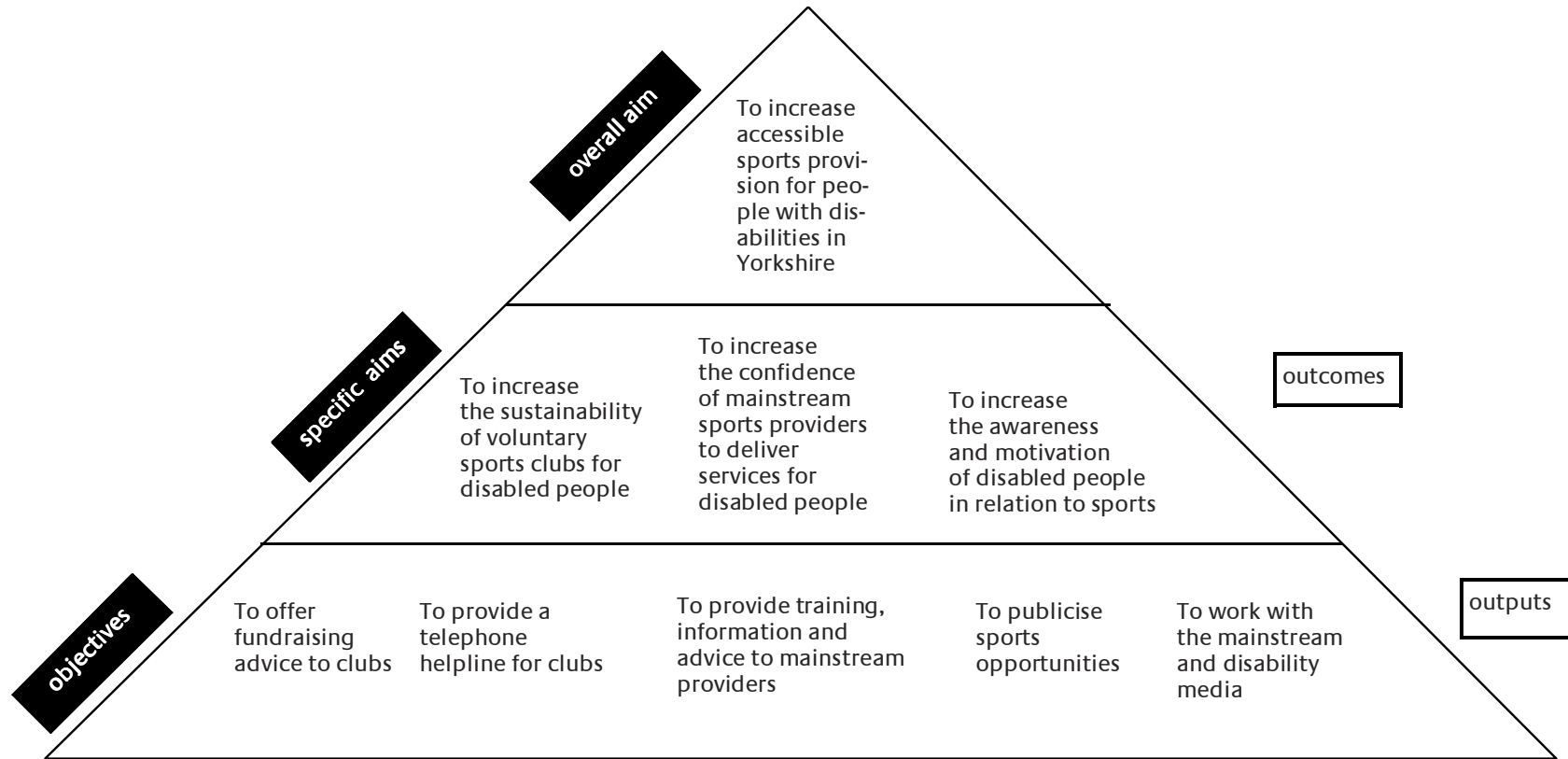
sports provision for people with disabilities. Many mainstream centres or facilities were willing and interested in making their services

accessible, but lacked the relevant knowledge or confidence. The organisation started to work with mainstream providers, offering training for management and staff as well as information and advice.

A third target group for the Disability Sports Network is people with disabilities themselves. Many clubs or special sessions are underused through lack of awareness, interest or motivation among people with disabilities. The Disability Sports Network identified the need to increase awareness and motivation among people with disabilities, through publicising opportunities using appropriate media.

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using the CES planning triangle[©]



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Outcomes

Specific aims	Outcomes
To increase the sustainability of voluntary sports clubs for disabled people	<ul style="list-style-type: none">• Increased income of clubs• Increased confidence and ability of people running clubs• Increased opportunities provided by clubs• Increased use of clubs
To increase the confidence of mainstream sports providers to deliver services for disabled people	<ul style="list-style-type: none">• Increased knowledge and awareness of people working in mainstream sports facilities• Increased confidence to provide services for disabled people• Increased number of sports facilities facilitating participation by disabled people
To increase awareness and motivation of disabled people in relation to sports	<ul style="list-style-type: none">• Increased awareness among disabled people of the benefits of physical activity• Increased motivation to participate in sports activities• More disabled people participate in sports activities

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Outcomes and indicators

Outcomes	Indicators
Increased income of clubs	<ul style="list-style-type: none"> • Level of income from grants • Level of income from members • Level of fundraising skills
Increased confidence and ability of people running clubs	<ul style="list-style-type: none"> • Level of confidence reported • Extent and type of plans or programmes in place • Number of volunteers involved
Increased opportunities provided by club	<ul style="list-style-type: none"> • Number and type of options on offer • Level of user satisfaction
Increased use of clubs	<ul style="list-style-type: none"> • Number of users • Frequency of use
Increased confidence to provide services for disabled people	<ul style="list-style-type: none"> • Extent and type of plans or programme in place • Level of confidence reported by providers
Increased awareness among disabled people of the benefits of physical activity	<ul style="list-style-type: none"> • Number of enquiries to Network • Number of enquiries to local clubs • Number of enquiries to mainstream providers

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Objectives, outputs and output indicators

Objectives	Outputs	Indicators
To offer fundraising advice to clubs	<ul style="list-style-type: none"> Fundraising advice 	<ul style="list-style-type: none"> Number of clubs receiving fundraising advice Range of advice offered Profile of clubs receiving advice
To provide a telephone helpline for clubs	<ul style="list-style-type: none"> Telephone advice 	<ul style="list-style-type: none"> Number and calls received Profile of callers Issues raised
To provide training, information and advice to mainstream providers	<ul style="list-style-type: none"> Management training for mainstream providers 	<ul style="list-style-type: none"> Number of providers receiving training, info or advice Profile of providers receiving training, info or advice Length of training User satisfaction
To publicise sports opportunities	<ul style="list-style-type: none"> Articles Interviews Press releases 	<ul style="list-style-type: none"> Number of articles published Number of interviews given Number of press releases issued